

5K for 5 Charities
Saturday April 17, 2010
Des Moines, Iowa

Place	Name	Age	Sex	Time	Pace
=====	=====	==	=	=====	=====
1	Jonathan Estabrook	35	M	19:09	6:10
2	Ben Linus	36	M	19:57	6:26
3	Carl Wertzberger	29	M	22:03	7:06
4	Wes Cottier	33	M	22:36	7:17
5	Bryan Brownsberger	41	M	22:47	7:20
6	Chris Mccarthy	47	M	22:58	7:24
7	Jeff Swanson	31	M	24:01:00	7:44
8	Jamie Edwards	26	F	24:02:00	7:44
9	Craig Johnson	40	M	24:27:00	7:53
10	Garrett Miller	27	M	25:17:00	8:09
11	Taylor Schaa	22	F	25:24:00	8:11
12	Matthew Gardner	40	M	26:02:00	8:23
13	Jennifer Campbell	28	F	26:32:00	8:33
14	Heather Reed	35	F	27:03:00	8:43
15	Cody Miller	22	F	27:27:00	8:50
16	Megan Baysinger	13	F	27:29:00	8:51
17	Gregory Moore	50	M	27:36:00	8:53
18	Jennifer Cottier	37	F	27:54:00	8:59
19	Aaron Robbins	25	M	27:54:00	8:59
20	Tyler Kirkman-Mackl	13	M	28:10:00	9:04
21	Jason Madison	37	M	28:27:00	9:10
22	Lew Schaefer	58	M	28:37:00	9:13
23	Joel Anderson	28	M	28:58:00	9:20
24	Jean Gibson	37	F	29:13:00	9:24
25	John Roper	28	M	29:18:00	9:26
26	Diane Manser	46	F	29:24:00	9:28
27	Zach Randall	27	M	29:30:00	9:30
28	Derek Stocking	29	M	29:38:00	9:33
29	Carly Millsap	32	F	30:03:00	9:41
30	Tyler Vaughan	9	M	30:08:00	9:42
31	Alex Quirk	14	M	30:44:00	9:54
32	Gail Mccarthy	54	F	30:44:00	9:54
33	Jim Stevens	34	M	30:46:00	9:54
34	Allison Judge	28	F	30:48:00	9:55
35	Melissa Dague	24	F	30:49:00	9:55
36	Crystal Hoffman	23	F	30:51:00	9:56
37	Buzz Hoffman	62	M	30:53:00	9:57
38	Paul Cornelius	31	M	30:55:00	9:57
39	Carrie Hall	36	F	31:06:00	10:01
40	Anastasia Hurn	41	F	31:11:00	10:03
41	Michael Schneck	24	M	31:22:00	10:06
42	Dru Toresdahl	52	M	31:24:00	10:07
43	Russ Crosser	12	M	31:35:00	10:10

44	Penny Freeman	31	F	31:36:00	10:11
45	Rachel Dierenfield	27	F	31:40:00	10:12
46	Trisha Miller	28	F	31:41:00	10:12
47	Rebecca Ooyen	29	F	31:47:00	10:14
48	Becky Wilson	28	F	31:47:00	10:14
49	Kate Laufer	28	F	31:55:00	10:17
50	Michael Petherbridg	26	M	32:07:00	10:21
51	Jennifer Swihart	33	F	32:20:00	10:25
52	Tristin Potratz	38	F	32:47:00	10:33
53	Nicole Teut	34	F	32:50:00	10:35
54	Cynthia Olson	32	F	32:51:00	10:35
55	Seth Daniels	26	M	32:57:00	10:37
56	Chris Douglas	31	M	32:59:00	10:37
57	Carly Chouteau	23	F	33:13:00	10:42
58	Hannah Baysinger	13	F	33:14:00	10:42
59	Marcus Johnson	30	M	33:23:00	10:45
60	Angela Avery	30	F	33:26:00	10:46
61	Kimberly Boeding	29	F	33:27:00	10:46
62	Jennifer Shaffer	34	F	33:29:00	10:47
63	Bryan White	37	M	33:34:00	10:49
64	Jenny Myers	30	F	33:35:00	10:49
65	Heather Albertson	26	F	33:43:00	10:52
66	Daniel Soda	32	M	33:44:00	10:52
67	Alicia Embrey	29	F	33:45:00	10:52
68	Calista Oberhelman	27	F	34:05:00	10:59
69	Andrea Vitzthum	33	F	34:13:00	11:01
70	Shyla Cottier	11	F	34:15:00	11:02
71	Lauren Ziehr	25	F	34:22:00	11:04
72	Nancy Robinson	52	F	34:24:00	11:05
73	Ronda Saddoris	38	F	34:27:00	11:06
74	Jaymie Petherbridge	26	F	34:41:00	11:10
75	Monica Blakley	41	F	34:55:00	11:15
76	Angie Vos	42	F	34:56:00	11:15
77	Shelley Horak	41	F	34:56:00	11:15
78	Ashley Anderson	25	F	35:14:00	11:21
79	Leigh White	45	F	35:46:00	11:31
80	Carol Mendez	22	F	35:46:00	11:31
81	Whitney Longnecker	22	F	35:47:00	11:31
82	Tara Mcfarling	34	F	35:48:00	11:32
83	Cady Longnecker	20	F	35:50:00	11:32
84	JEN MORGAN	39	F	35:50:00	11:32
85	Janet Stange	40	F	35:52:00	11:33
86	Jenny Black	34	F	36:02:00	11:36
87	Maggie Davitt	36	F	36:06:00	11:38
88	Kathy Mudge	33	F	36:07:00	11:38
89	Amy Manning	37	F	36:34:00	11:46
90	Calvin Miller	33	M	37:10:00	11:58
91	Chuck Grassley	76	M	37:31:00	12:05
92	Amy Pollpeter	30	F	37:32:00	12:05
93	Amber King	33	F	37:34:00	12:06

94	Martha Crosser	49	F	37:45:00	12:10
95	Emma Gesiriech	18	F	38:31:00	12:24
96	Monica Strange	28	F	38:46:00	12:29
97	David Porter	33	M	39:10:00	12:37
98	Lynne Cornelius	28	F	39:27:00	12:42
99	Gail Bauer	33	F	39:36:00	12:45
100	Amy Settle	33	F	39:39:00	12:46
101	Katharine Gilmore	48	F	40:37:00	13:05
102	Holly Hettinger	28	F	41:10:00	13:15
103	Chris Hettinger	32	M	41:12:00	13:16
104	Rochelle Wallace	34	F	43:52:00	14:07
105	Fred Scaletta	58	M	44:08:00	14:13
106	Pamela Brennan	61	F	44:09:00	14:13
107	JEANNE GLENN	49	F	44:13:00	14:14
108	Katie Kamienski	37	F	44:29:00	14:19
109	Emily Eich	36	F	44:29:00	14:19
110	Annette Lee	40	F	44:31:00	14:20
111	Veronica Danner	49	F	44:41:00	14:23
112	Ashley Danner	25	F	45:34:00	14:40
113	Jeremy Miller	27	M	45:35:00	14:40
114	Ben Kreamer	9	M	45:58:00	14:48
115	Lori Keith	42	F	46:39:00	15:01
116	Jim Gerstner	47	M	46:40:00	15:01
117	Beth Reese	26	F	46:40:00	15:02
118	Melissa Reams	41	F	47:04:00	15:09
119	Sabrina Seehafer	29	F	48:27:00	15:36
120	Arena Horn	31	F	49:16:00	15:52
121	Cara Morlan	28	F	49:50:00	16:03
122	Amanda Stone	28	F	49:51:00	16:03
123	Angie Pickering	33	F	50:25:00	16:14
124	Emily Petheram	24	F	50:27:00	16:14
125	Kathryn Crouch	24	F	50:38:00	16:18
126	Juli Ireland	40	F	50:44:00	16:20
127	Jennifer Brownsberg	36	F	50:44:00	16:20
128	Kim Bence	47	F	51:02:00	16:26
129	Laurie Bence	50	F	51:08:00	16:28
130	Peggy Urtz	48	F	52:00:00	16:45
131	Donna Hammen	59	F	52:05:00	16:46
132	Abby Janssen	31	F	52:57:00	17:03
133	Jason Janssen	32	M	53:29:00	17:13
134	Jessica Rooker	31	F	53:30:00	17:13
135	Melissa Gartner	39	F	53:31:00	17:14
136	Heather Martin Gart	38	F	54:11:00	17:27
137	Duane Janssen	50	M	54:23:00	17:31
138	Pamela Davis	36	F	54:26:00	17:31
139	Shelly Silver	39	F	55:09:00	17:45
140	Kelly Overton	49	F	55:11:00	17:46
141	Natalie Dorn	49	F	55:41:00	17:56
142	Micky Henry	43	F	55:44:00	17:57
143	DAWN CORT	40	F	56:11:00	18:05

144	Michael Sadler	43	M	56:11:00	18:06
145	Kari Sylvester	19	F	56:42:00	18:15
146	Brie Carl	26	F	58:06:00	18:43
147	Toy Waterman	60	F	58:07:00	18:43
148	Diann Hollingsworth	51	F	58:26:00	18:49
149	Mary Burchett	58	F	58:57:00	18:59
150	Tiffany Bandow	28	F	58:58:00	18:59
151	Mollie Michelfelder	36	F	59:04:00	19:01
152	Adam White	27	M	59:05:00	19:01
153	Amy White	27	F	59:07:00	19:02
154	Kim White	50	F	59:08:00	19:02
155	Melissa Ellis	37	F	59:09:00	19:03
156	Stephanie Bidney	32	F	59:16:00	19:05
157	Brooke Avila	31	F	59:17:00	19:05
158	Jason Rosa	31	M	59:18:00	19:05
159	Terri Williams	56	F	59:18:00	19:06